

Loon Echo Hike n' Bike Trek 100 Mile Century Bike Trek

Mile	Road	Comments	
0	Shawnee Peak Parking Lot	STARTturn	Left onto:
0	Mountain Road	Travel 0.6 mi. , turn	Right onto:
0.6	Route 302 East	Almost immediately (0.1 mi.) take a:	Left onto:
0.7	Knights Hill Road	Single file for 5.8 mi. , then take a	Right onto:
7	Route 93	Travel 4.3 mi. to top of BIG hill / intersection, turn	Right onto:
11	Route 93	Continue 0.1 mi. to	On right:
11	Sweden Rest Stop - Selectmen's Office, Route 93		
<i>From</i>	Sweden Rest Stop	Pedal 6.4 mi. to Jct 302. Turn	Left onto:
17	Route 302 East	Ride for 1.3 miles. Bear left at monument, then	Left onto:
19	Highland Road	After 0.6 mi. , bear	Right onto:
19	Dugway Road	Pedal 1 mi. to 'Stop' sign. Turn	Left onto:
20	Middle Ridge Road	Ride uphill 1.6 miles to intersection. Turn	Right onto:
22	Chadbourne Hill Road	Coast 1.2 mi. through Bridgton Academy. Turn	Left onto:
23	Route 37 North (N. Bridgton Rd.)	Travel 3.2 mi. to Jct w/ Route 35./N. Bridgton Rd.. Bear	Left onto:
26	Routes 37 & 35 North	As you enter Waterford (2.7 mi.), turn	Left onto:
29	Plummers Hill Road	0.1 mi. up this road, turn	Right into:
29	Waterford Rest Stop - Wilkins Community Center		
<i>From</i>	Waterford Rest Stop	Coast 0.1 mi. back down to Route 35/37. Take a	Left onto:
29	Routes 37 & 35 North	0.1 mi. after rejoining Routes 35/37, bear	Right onto:
29	Route 37 North	Ride for 1.4 mi. . After Post Office, turn sharply	Right onto:
31	Passaconaway Road	Pedal 1.8 miles to Mill Hill Rd. Take a	Left onto:
32	Mill Hill Road	Stay on Mill Hill Rd. for 1 mi. . Take a	Left onto:
33	McWain Hill Road* (see below)	Up and down the hill, for 2.7 mi. At 'T', take a	Right onto:
36	Route 37 North	After 0.5 mi. at Jct. with Rt. 118, take a	Left onto:
37	Route 118 West	Single file for 1.7 mi. to a	Right onto:
38	Hunts Corner Rd.	Big climb (5.6 mi.) to the top.	On Left:
44	Albany Rest Stop - Top of Hunt's Hill		
<i>From</i>	Albany Rest Stop	Coast down 2.1 mi to Jct. with Vernon St. Take a	Right onto:
46	Vernon St. (formerly, Route 35 North)	Pedal 6.9 mi. to Jct. with Main St., Bethel. Take a	Right onto:
53	Main St.	Roll 0.2 mi. , over RR tracks. Take a	Left onto:
53	Cross St.	Travel 0.2 mi. to 'Casablanca Cinema'. Take a	Left into:
53	Bethel Rest Stop - Bethel Chamber of Commerce		
<i>From</i>	Bethel Rest Stop	Take Lincoln Street to end (0.1mi.). Turn	Left onto:
53	Parkway	Pedal to end (0.1 mi.) and turn	Right onto:
54	Routes 2, 5, and 26 North	Pedal North (0.4 mi.), over bridge and take a	Left onto:
54	North Road	Roll along Androskoggin R. for 9.5 mi. . At green bridge turn	Left onto:
63	Bridge Street	Cross bridge, climb hill (0.3 mi.), cross RR, turn	Right onto:
64	Route 2 West	Construction Area- 100' gravel! Pedal single file for 0.4 miles , to	Left onto:
64	Gilead Rest Stop - Evans Notch Hotel		
<i>From</i>	Gilead Rest Stop		Left onto:
64	Route 113 South	Long climb; steep, curvy descent. After 10.7 mi. , turn	Right onto:
75	Access Road -Cold River Campground	Pedal up Access Road; Turn	Right into:
75	Cold River Rest Stop		
<i>From</i>	Cold River Rest Stop		Left onto:
75	Access Road	Coast down to campground pavilion	Right onto:
76	Route 113 South	Pedal 4.7 mi. . At the top of a steep, short hill, bear	Right onto:
81	Route 113B (Robbins Ridge Rd.)	Travel 2.7 miles towards Chatham. Take a	Left onto:
83	Route 113B, (East)	Pedal 1.4 mi on Rte 113B. At Stow Corner store stay	Straight on:
85	Route 113 South	Continue 3.8 miles to	Right onto:
88	Fryeburg Rest Stop - Saco Valley Fire Station		
<i>From:</i>	Saco Valley Fire Station		Right onto:
88	Route 113 South	Shortly (0.8 mles.) turn	Left onto:
89	Fish Street	Ride 1.1 mi and turn	Left onto:
90	McNeil Road	Stay on McNeil Rd. for 2.3 mi and turn	Right onto:
93	Shave Hill Road	After 2 mi turn	Left onto:
95	Route 5	Pedal less than a mile (0.7 mi.), then bear	Right onto:
95	Route 93	Shortly (0.2 mi.), take a	Right onto:
96	Knights Hill Road	Ride 5.8 mi over Knights Hill. Turn	Right onto:
101	Route 302	Watch traffic. Quickly (0.1 mi.), take a	Left onto:
101	Mountain Road	Coast (0.6 mi.) to the finish! At 2nd entrance turn	Right onto:
102	FINISH - Shawnee Peak Parking Lot		

Shaded areas note REROUTE SECTIONS due to the bridge on Harbor Road (under construction, not passable)
Caution: At mile 64 there is road construction at the intersection of Rt. 2 and Rt. 113. There is a short 100 ft section of gravel